

AYSO Region 40 Age-Appropriate Coach Training Policy

For All Head Coaches and Assistant Coaches

As Of August 1, 2013

Mandatory

- **Every coach must be registered as an AYSO volunteer for the current program year prior to coaching any practices or games. Go to eayso.org**
- **Every coach must be Safe Haven-certified by having completed live or online Safe Haven prior to coaching any practice or games.**
- **Every coach must complete a live AYSO age-appropriate coach course for the age division they are coaching. Coaches must complete this training prior to coaching any practices or games (except as approved by the Regional Coach Administrator in emergency cases). **The specific requirements are:**
 - **U-6 Coach (for U-6)**
 - **U-8 Coach (for U-8)**
 - **U-10 Coach (for U-10)**
 - **U-12 Coach (for U-12)**
 - **Intermediate Coach (for U-14)**
 - **Advanced Coach (for U-16/U-19)****

Recommended Training

- **CDC's Online *Heads Up: Concussion in Youth Sports* Training. Go to aysotraining.org**
- **Soccer With A Purpose Coaching Workshops (SWAP) – *Coming soon for 2013!***

Optional Training

- **Region 40 Coach Mentoring is available to all coaches. Please contact the Regional Coach Administrator or Coach Trainer to set this up. You have support!**
- **AYSO Online Coach Courses for U-6, U-8 and U-10. Go to aysotraining.org**